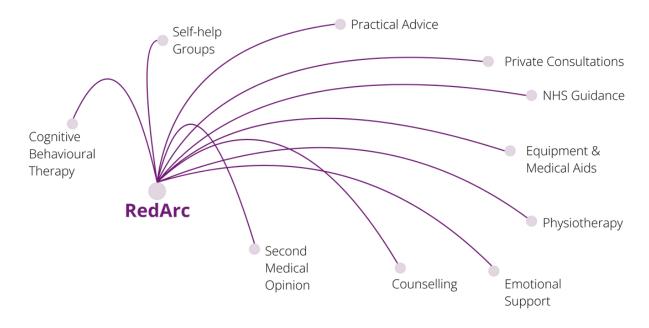




No matter what life throws at you, each experience can affect people differently. Whether it's illness, injury, mental health concerns or carer arrangements, our Friendly Voice service provides you with a dedicated **Personal Nurse** to provide help and support tailored to your situation, completely free of charge.

## JUST SOME OF THE HELP REDARC OFFERS



All nurses provided by our Friendly Voice service are highly qualified and have specialist areas of expertise, including registered mental health nurses, giving you time and resources which might not be available via the NHS. For as long as you need it, your **Personal Nurse** can provide you, or your partner with practical help, emotional support, therapies and even a second medical opinion.

## **HOW TO ACCESS**

Call Friendly Voice on **01244 625180** (Office Hours 9am - 5pm, Monday to Friday) and simply quote your **Membership Number**.



RedArc were a lifeline for me and my family at our lowest point.

The service was absolutely brilliant. Thank you from the bottom of our hearts.



For additional support, please contact our **Member Services Team** on **0800 587 5098** or **memberservices@cirencester-friendly.co.uk**.

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